



**What is still available & freshest during the Fall season?  
Check out this Guide:**

**The Mass DAR's Market Buying Guide**

	June	July	August	September	October
<b>Fruits</b>					
Apples					
Blueberries					
Cantaloupes					
Cranberries					
Peaches					
Raspberries					
Strawberries					
Watermelon					
<b>Vegetables</b>					
Beans					
Beets					
Broccoli					
Cabbage					
Carrots					
Cauliflower					
Celery					
Corn					
Cucumber					
Eggplant					
Greens					
Lettuce					
Onion					
Peas					
Peppers					
Potatoes					
Pumpkin					
Radishes					
Scallions					
Spinach					
Summer Squash					
Winter Squash					
Tomatoes					
Tunips					

Massachusetts Department of Agricultural Resources  
www.mass.gov/massgrows

**Treat your family to the freshest & best Cape Cod has to offer!**

There are still several farmers' markets scheduled throughout the Cape this Fall. When you support your local farmers you are investing in the future of farming on Cape Cod!

**Area Farmer's Markets**  
[2009 MA Farmer's Market directory]

**The Buzzards Bay Farmers' Market**  
Main Street, Buzzards Bay  
Fridays 10am-2pm, July 10 through October 30

**The Falmouth Farmers' Market**  
Peg Noonan Park, Main Street, Falmouth Village  
Thursdays 12pm-6pm, June through October

**The Sandwich Farmers' Market**  
Seafood Sam's Parking Lot, 6 Coastguard Road, Sandwich  
Tuesdays, 8am-12pm, June 16 through October 13

**The Hyannis/Mid Cape Farmers' Market**  
Bank of Cape Cod Parking Lot, 232 Main Street, Hyannis  
Wednesdays 8am-12pm, June through September

**The Orleans Farmers' Market**  
Old Colony Way (Depot Square), Orleans  
Saturdays from 8am-12pm, May 16 through October 10

**The Provincetown Farmers' Market**  
Ryder Street, (next to the Town Hall), Provincetown  
Saturdays 11am-4pm, May 16 through December 5

**Nantucket Farmer's Market**  
Corner of Main and Federal Streets, Nantucket  
Monday through Saturday, 9am-1pm, June to October

**Vineyard Haven Farmer's Market**  
144 Beach Road, Vineyard Haven  
Tuesdays 9am-1pm,  
Through September 29

**West Tisbury Farmer's Market**  
Grange Hall, State Road, West Tisbury  
Wednesdays & Saturdays, 9am-12pm  
Saturdays through October 10